









EDGBASTON
HIGH SCHOOL

CATERING - AUTUMN MENU

- MEAT DISHES
- VEGETARIAN
- FISH
- HALAL

PREP MENU A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	<u>Pork & Beef Meatballs</u> Meatballs in a rich tomato & herb sauce (G) (Su)	<u>Penne Ragu</u> Minced beef with herbs & tomatoes (G)	<u>Salad & Baked Potato</u> Diced chicken	<u>Roasted Turkey</u> Traditional roasted butterfly turkey	<u>Chicken Fillet Burger</u> Chicken fillet in a crispy coating served with a bun (G)
VEGETARIAN	<u>Mini Spring Rolls</u> Oriental vegetables in filo pastry (G) (Sy)	<u>Pasta Carbonara</u> Creamy cheesy sauce (G) (M) 	Cheese (M) Beans Tuna	<u>Sausage Roll</u> Vegan sausage wrapped in puff pastry (G) 	<u>Mozzarella Sticks</u> Mozzarella cheese in crispy breadcrumbs (G) (M) (Sy)
ADDITIONAL CHOICES	<u>Cod Fish Burger</u> Cod in golden breadcrumbs (G) (M) (F)	<u>Pesto Pasta</u> Penne Pasta drizzled with vegan pesto (G)	Bread roll (G)	<u>Ratatouille</u> Mediterranean vegetables in a herby tomato salsa	<u>Buttermilk Quorn Burger</u> Quorn Burger in a crisp coating (G) 
HALAL 			Diced Halal Chicken Breast 	Roasted Chicken Breast 	
ACCOMPANIMENTS	Garlic & Herb Potatoes Selection of Vegetables	Garlic Bread Selection of Vegetables	SALAD	Roast Potatoes Selection of Vegetables	Selection of Vegetables Potato Tots



Home-made Desserts Produced On Site Including Allergen Specific.
Yoghurts & Fresh Fruit Daily.









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PREP MENU B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	<u>Chicken Lasagne</u> Minced chicken in tomato sauce with cheese topping (G) (M)	<u>Smokey Mac & Cheese</u> Macaroni with sauce baked with cheese crust with bacon lardons (G) (M)	<u>Salad & Baked Potato</u> Diced chicken	<u>Roasted Turkey</u> Carved turkey breast in gravy	<u>Cod Fish Fingers</u> Cod fillet in golden breadcrumbs (G) (F)
VEGETARIAN	<u>Stir Fried Noodles</u> Noodles with onions, peppers & beansprouts in an oriental sauce (W) (Sy) 	<u>Pasta Pomodoro</u> Tangy tomato and herb sauce (G)	Cheese (M) Beans Tuna	<u>Cheese Turnover</u> Cheese & onions in puff pastry (G) (M)	<u>Halloumi One Pot</u> Oven roasted seasoned halloumi with seasonal vegetables (M)
ADDITIONAL CHOICES		<u>Pesto Pasta</u> Penne Pasta drizzled with vegan pesto (G) 	Bread roll (G)	<u>Broccoli & Cauliflower Bake</u> Broccoli & cauliflower in a cheesy sauce (M)	<u>Southern Fried Chunks</u> Quorn pieces in a spicy coating (G) 
HALAL 			Diced Halal Chicken Breast	Halal Roasted Chicken	
ACCOMPANIMENTS	Garlic & Herb New Potatoes Peas & Sweetcorn	Garlic Bread Peas & Sweetcorn	SALAD Herby diced potatoes	Roast Potatoes Cabbage & Carrots Gravy	Wedged Potatoes Peas & Sweetcorn Tomato Ketchup



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PREP MENU C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	<u>Beef Burger</u> Minced butchers beef burger (Su)	<u>Pork Sausage</u> Lashfords butcher sausage with onion gravy (G)	<u>Salad & Baked Potato</u> Diced chicken	<u>Roasted Chicken</u> Roasted chicken breast served with gravy	<u>Margarita Pizza</u> 50/50 base with tangy tomato & mixed cheese (G) (M)
VEGETARIAN	<u>Vegetable Tikka Masala</u> Mixed vegetables in a creamy tikka sauce & rice (M) (C) (Su)	<u>Hot Dog</u> Alternative vegan hot dog (G)	Cheese (G) Beans Tuna	<u>Cheese & Potato Pie</u> Mashed potato with oozing cheese (M)	<u>Margarita Pizza</u> 50/50 base with tangy tomato & mixed cheese (G) (M) 
ADDITIONAL CHOICES		<u>Vegetable Sausage</u> Mixed vegetables & rice formed into sausage	Bread roll (G)	<u>Quorn Fillet</u> Vegetarian Alternative Roast (W) 	<u>Vegan / Gluten Free Pizza</u> 
HALAL 	Beef Burger (Su)		Diced Halal Chicken Breast		
ACCOMPANIMENTS	Potato Sweetcorn Carrot & Peppers	Mashed Potato Peas & Cauliflower Gravy	SALAD	Roast Potatoes Broccoli & Carrots Gravy	Skin on Fries Baked beans / Sweetcorn Ketchup



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ALLERGENS

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients
in your meal, when making your order.

Thank you.

G Gluten

Se Sesame

Mu Mustard

Eg Egg

Lu Lupin

Ms Molluscs

M Milk

N Nuts

Cr Crustaceans

Sy Soya

F Fish

Ce Celery

SO² Sulphur Dioxide



HYGIENE RATING

FOOD HYGIENE RATING

0

1

2

3

4

5

VERY GOOD

Area inspected by food safety officer

Standards
found

Hygienic food handling

Hygienic handling of food including preparation, cooking, re-heating, cooling and storage

Very good

Cleanliness and condition of facilities and building

Cleanliness and condition of facilities and building (including having appropriate layout, ventilation, hand washing facilities and pest control) to enable good food hygiene

Very good

Management of food safety

System or checks in place to ensure that food sold or served is safe to eat, evidence that staff know about food safety, and the food safety officer has confidence that standards will be maintained in future

Very good