



- Red – Meat Dishes
- Green – Vegetarian
- Yellow – Vegan
- Blue - Fish
- Black - Halal

Menu A 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Seasonal Vegetable	Leek & Potato	Sweet Potato Butternut	Curried Lentil	Tomato
Meat Main	<u>Turkey Meatballs</u> Turkey Meatballs In A Rich Tomato Sauce Mixed With Pasta (G)	<u>Beef Ragu Pasta Bake</u> Beef Ragu Combined With Pasta (G)	<u>Sweet & Sour Chicken Cantonese Style</u> Battered chicken pieces in a sweet & tangy sauce (G) (C) (M)	<u>Roasted Beef</u> Steam Roasted Carved Top Rump Served With Yorkshire Pudding	<u>Freshly Battered Cod</u> Cod Fillet in A Crisp Bubbly Batter (G)(M) (F)
	<u>Vegetable Biryani</u> Mixture of vegetables and rice mixed in curried spices	<u>Red Pepper & Pesto Gnocchi</u> Tomato Pesto Dressed Gnocchi (G) (Sy)	<u>Mushroom & Vegetable Curry</u> Chunky Mushroom & Vegetables In A Sweet Curry Sauce	<u>3 Bean Veggie Chilli</u> Mixed beans and vegetables in a subtle spiced sauce	<u>Tikka Quorn</u> Arborio Vegan Quorn Marinated In tikka Sauce
Vegetarian Main	<u>Spicy Bean Burger</u> Mixed Beans & Spices In Panko Breadcrumb (W)	<u>Macaroni Cheese Bake</u> Cheesy Cream Sauce With Macaroni Bakes With Extra Cheese (G) (M)	<u>Spring Roll</u> Oriental Vegetables enclosed in a crispy pastry (G) (C) (M) (E) (S)	<u>Cheese & Onion Slice</u> Cheddar cheese and onion wrapped in puff pastry (G)(M)	<u>Halloumi One Pot</u> Halloumi & Mixed peppers and Squash (M)
 (Stunned)		<u>Beef Ragu Pasta Bake</u> Beef Ragu Combined With Pasta (G)	<u>Sweet & Sour Chicken</u> Battered chicken pieces in a sweet & tangy sauce with vegetables (G) (C) (M)	<u>Roasted Beef</u> Steam Roasted Carved Top Rump Served With Yorkshire Pudding	<u>Tandoori Chicken Naan</u> Diced Chicken Breast Marinated In Tandoori Spices Served With A Folded Naan (G)
Baked Potato & Deli Bar Sides	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar
	New Potatoes/Rice/Naan Mixed Vegetables Mixed salad	New Potatoes / Garlic Bread Mixed Vegetables Mixed Salad	Salt & Pepper Potatoes / Fried Rice Baked Beans Mixed Salad	Roasted Potatoes Mixed Vegetables	Crushed Potatoes Mixed Vegetables Mixed Salad
Desserts	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily




EDGBASTON

HIGH SCHOOL CATERING

Senior School

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Menu B 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Seasonal Vegetable	Curried Lentil	Tomato	Mushroom	Tomato
Meat Main	<u>Katsu Chicken</u> Panko Crumbed Chicken Breast Served With Sweet Curry Sauce (G) (S) (Mu)	<u>Pasta Day</u> <u>Creamy Carbonara With Bacon</u> Create your own Dish by Selecting A Sauce to Accompany Your Pasta (G)(M)	<u>Chicken Fajitas</u> Mexican Marinated Chicken With Onions & Peppers (G)	<u>Lemon & Herb Chicken</u> Chicken Breast Roasted With Lemon & Herb Traditionally Seasoned	<u>Spicy Chicken Fillet Burger</u> Chicken Breast Fillet In A Spicy Crumb Coating (G)
	<u>Vegan Nachos</u> Nachos With Vegan Sauce & Vegan Cheese (G)	<u>Vegan Herby Pesto</u> (G)	<u>Cauliflower & Chickpea Curry</u>	<u>Moroccan Falafel</u> Moroccan Spiced Falafel Served On A Bed Of Fragrant Pilau Rice	<u>Vegan ChiQin Wings</u> Quorn Protein Shaped Wings (G)
Vegetarian Main	<u>Cheesy Nachos</u> Nachos With Salsa & oozing Melting Cheese (G) (M)	<u>Veggie Bolognaise</u> (G)	<u>Oriental Noodles</u> Egg Noodles With Oriental Vegetables (G) (E) (S)	<u>Cheese & Onion Pie</u> Classic Creamy Mashed Potato With Red onions Topped With Cheese & Crispy Onions. (M)	<u>Quorn Nugget Wrap</u> Mixed leaf salsa and Quorn nuggets (G)
 (Stunned)	<u>Katsu Chicken</u> Panko Crumbed Chicken Breast Served With Sweet Curry Sauce (G) (S) (Mu)		<u>Chicken Fajitas</u> Mexican Marinated Chicken With Onions & Peppers (G)	<u>Lemon & Herb Chicken</u> Chicken Breast Roasted With Lemon & Herb Traditionally Seasoned	
Baked Potato & Deli Bar	Baked Potato & Deli Bar With A Choice Of Fillings, Salad & Accompliments From Deli Bar	Baked Potato & Deli Bar With A Choice Of Fillings, Salad & Accompliments From Deli Bar	Baked Potato & Deli Bar With A Choice Of Fillings, Salad & Accompliments From Deli Bar	Baked Potato & Deli Bar With A Choice Of Fillings, Salad & Accompliments From Deli Bar	Baked Potato & Deli Bar With A Choice Of Fillings, Salad & Accompliments From Deli Bar
Sides	Basmati Rice Potatoes Vegetables	Butter New Potatoes Garlic Bread Mixed Vegetables	Salt & Pepper Potato Sliced Leeks Sweetcorn	Roasted Potatoes Country Mixed Vegetables Carrot batons	Potato Wedges Peas Mixed Vegetables
Desserts	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily






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Menu C 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Seasonal Vegetable	Curried Lentil	Sweet Potato & Coconut	Leek & Potato	Tomato
Meat Main	<u>Chicken Tikka Masala</u> Diced Marinated Chicken Breast In A Mild Curry Sauce With Pilau Rice (M)	<u>Pasta Day</u> Create your own Dish by Selecting A Sauce to Accompany Your Pasta Choose From....	<u>Lashford Pork Sausages</u> Locally Made Award Winning Lashford Sausage (G)	<u>Roasted Minted Lamb</u> Slow Roasted With Rosemary & Garlic	<u>Pepperoni Pizza</u> 50/50 Pizza Base Topped With Tomato Sauce, Cheese & Pepperoni. (G) (M)
	<u>Vegetarian Meatballs</u> Plant Based No Meat Ball In A Rich Tomato & Herb Sauce	<u>Sun-Dried Tomato Pesto</u> (G)(S)	<u>Med Vegetbale Laasgne</u> Mediterranean Vegetable In A Rustic tomato Sauce With Verdi Pasta Sheets & Vegan Cheese Topping (G)	<u>Vegan Sausage Roll</u> Plant Based Filling Enclosed In A Flaky Pastry (G)	<u>Margarita Pizza</u> Gluten Free Stone baked Pizza Base Topped With Tomato Sauce & Vegan Cheese (G)
Vegetarian Main	<u>Halloumi Sticks</u> Popular Street Food Item, Strips Of Halloumi In A Crunchy Crumb (G) (M)	<u>Tomato & Mascarpone</u> Creamy Tomato Based Sauce (G) (M)	<u>Tikka Paneer</u> Diced Paneer Marinated And Roasted With Onions & Peppers Served With Chapatti (M)	<u>Loaded Potato Skins</u> Potato Skins Filled with Spring Onion & Cheese (M)	<u>Margarita Pizza</u> 50/50 Pizza Base Topped With Tomato Sauce & Cheese (G)(M)
 (Stunned)	<u>Chicken Tikka Masala</u> Diced Marinated Chicken Breast In A Mild Curry Sauce(M)		<u>Turkey Sausage</u> (G)	<u>Halal Roasted Lamb</u> Slow Roasted With Rosemary & Garlic	<u>Spicy Chicken Pizza</u> Spicy Diced Chicken Topped Pizza (G)
Baked Potato & Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar	<u>Baked Potato & Deli Bar</u> With A Choice Of Fillings, Salad & Accompliments From Deli Bar
Sides	Garlic and Herb New Potatoes Naan / Rice Mixed Vegetables	Butter New Potatoes Garlic Bread Mixed Vegetables	Mashed Potato Or Hot Dog Roll Mixed Vegetables Mixed Salad	Roasted Potatoes Mixed Vegetables Mixed Salad	Twister Fries Or Chips Mixed Vegetables Mixed Salad
Desserts	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily	A selection of hot and cold desserts will be available Daily

Allergens

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients
in your meal, when making your order.

Thank you.

G Gluten

Se Sesame

Mu Mustard

Eg Egg

Lu Lupin

Ms Molluscs

M Milk

N Nuts

Cr Crustaceans

Sy Soya

F Fish

Ce Celery

SO² Sulphur Dioxide

FOOD HYGIENE RATING

0

1

2

3

4

5

VERY GOOD

Area inspected by food safety officer	Standards found
Hygienic food handling Hygienic handling of food including preparation, cooking, re-heating, cooling and storage	Very good
Cleanliness and condition of facilities and building Cleanliness and condition of facilities and building (including having appropriate layout, ventilation, hand washing facilities and pest control) to enable good food hygiene	Very good
Management of food safety System or checks in place to ensure that food sold or served is safe to eat, evidence that staff know about food safety, and the food safety officer has confidence that standards will be maintained in future	Very good