

Senior School Menu week commencing 24 February 2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup (vegetarian)</b>	Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day
<b>Meat</b>	<b>Beef Lasagne</b> Layers of British minced beef, tomato sauce, cheese and pasta	<b>Chicken Balti</b> Birmingham's famous curry served with fragrant rice	<b>Cantonese Style Sweet &amp; Sour Chicken</b> Battered chicken pieces in a sweet & tangy sauce with vegetables	<b>Roasted Beef</b> with Yorkshire pudding and roasted vegetables	<b>Chicken &amp; Vegetable Pie</b> Chicken and vegetables in a rich gravy with a puff pastry lid
<b>Meat</b>	<b>Paprika Chicken</b> Diced Chicken with chorizo, roasted peppers & potatoes	<b>Jerk Chicken</b> Jerk seasoned chicken traditionally served with rice & peas	<b>Mushroom fried rice</b> Wild mushrooms and fried vegetables with rice	<b>Roasted Chicken</b> with seasoning	<b>Freshly Battered Cod</b> Cod Loin in a Crisp Bubbly Batter
<b>Vegan</b>	<b>Chipotle, Kale and Mixed Bean Stew</b> Spiced hearty stew	<b>Chickpea and Butter Bean Korma with a Creamy Coconut Sauce</b>	<b>Sweet chilli Noodles</b> Rice noodles dressed with a sweet chilli sauce and stir-fried vegetables	<b>Three Bean Vegetable Chilli</b> Mixed beans and vegetables in a subtle spiced sauce	<b>Thai Red Curry Vegetables</b> Mixed peppers and squash vegetables in a coconut cream sauce
<b>Vegetarian</b>	<b>Mushroom and Soft Cheese Pasta with Fresh Herbs</b>	<b>Halloumi Fajitas</b> Strips of halloumi with peppers and onions served with a tortilla wrap	<b>Tempura Vegetables</b> Oriental vegetables in a light bubbly batter	<b>Cheese and onion Pasty</b> Cheddar cheese and onion wrapped in filo pastry	<b>Mediterranean Pasta</b> Fusilli Pasta dressed with Mediterranean vegetables
<b>Halal Option (stunned)</b>	<b>Paprika chicken</b> Diced chicken, roasted peppers & potatoes	<b>Jerk Chicken</b> Jerk seasoned chicken traditionally served with rice & peas	<b>Cantonese Style Sweet &amp; Sour Chicken</b> Battered chicken pieces in a sweet & tangy sauce with vegetables	<b>Roasted Chicken</b> with seasoning	<b>Halal Chicken Pie</b> Chicken and vegetables in a rich gravy with a puff pastry lid
<b>Accompaniment</b>	New Potatoes Garlic Bread Mixed Vegetables Mixed salad	New Potatoes Basmati Rice Mixed Vegetables Mixed Salad	New Potatoes Fried Rice Mixed Vegetables Mixed Salad	Roasted Potatoes Mixed Vegetables Mixed Salad	Crushed Potatoes Mixed Vegetables Mixed Salad
<b>Desserts</b>	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily	Hot and cold desserts always available and change daily