







# EDGBASTON

## HIGH SCHOOL CATERING

### Prep School

- Red – Meat Dishes
- Green – Vegetarian
- Blue - Fish
- Black - Halal

Prep School Menu A	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		Pasta Day			
<b>Main Course</b>	<u>Turkey Meatballs</u> Turkey Meatballs In A Rich Tomato & Herb Sauce	<u>Pasta Carbonara</u> Creamy Cheesy Sauce With Bacon (G)(M)	<u>Salad &amp; Baked Potato Day</u> Diced Chicken	<u>Roasted Turkey</u> Traditional Roasted Butterfly Turkey	<u>Chicken Fillet Burger</u> Chicken Fillet In A Crispy Coating Served With Bun (G)
<b>Vegetarian</b>	<u>Mini Spring rolls</u> Oriental Vegetables In Filo Pastry (G)(Sy) 	<u>Macaroni Cheese Bake</u> Macaroni In A Stringy Mixed Cheese Sauce Baked With A Cheese Crust (G)(M)	Cheese (M) Beans Tuna	<u>Vegan Sausage Roll</u> Vegan Sausage Wrapped In A Puff Pastry (G) 	<u>Mozzarella Sticks</u> Mozzarella Cheese In Crispy Breadcrumbs (G)(M)(Sy)
<b>Additional Items</b>	<u>Cod Fish Cakes</u> Cod Fish Cakes In Golden Breadcrumbs (G)(M)(F)	<u>Pesto Pasta</u> Penne Pasta Drizzled With Vegan Pesto (G)	Bread Roll (G)		<u>Buttermilk Quorn Burger</u> Quorn Burger In A Crisp Coating (G) 
			<u>Diced Halal Chicken Breast</u>	<u>Roasted Chicken Breast</u>	
<b>Accompliments</b>	New Potatoes Pasta Peas Sweetcorn	Garlic Bread Sweetcorn Peas	<b>S a l a d</b>	Roast Potatoes Peas Cauliflower	Potato Tots Sweetcorn Carrots
<b>Desserts</b>	Chocolate Chip Sponge Lemon Sponge  Yoghurts	Flapjack Jam Tarts Peaches Yoghurts	Shortbread Fruit Crumble  Yoghurts	Chocolate sponge Melon Wedge  Yoghurts	Vegetarian Jelly Doughnuts  Yoghurts



(M) Milk (F) Fish  
(G) Gluten (S) Soya  
(E) Egg

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Prep School Menu B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Pasta Day			
<b>Main Course</b>	<b>Beef Lasagne</b> Minced Beef In Tomato Sauce With Cheese Topping (G)(M)	Choose your own Pasta Day. Plain Penne Pasta & Choose Your Own Topping <b>Pasta Pomodoro</b> Tangy Tomato & Herb Sauce (G)	<b>Salad &amp; Baked Potato Day</b>  Diced Chicken	<b>Roasted Turkey</b> Carved Turkey Breast In Gravy	<b>Cod Fish Fingers</b> Cod fillet In Golden Breadcrumbs (G)(F)
<b>Vegetarian</b>	<b>Stir Fried Noodles</b> Thin Noodles With Onions, Peppers & Beansprouts In A Oriental Sauce (W)(Sy)	<b>Macaroni Cheese Bake</b> Macaroni In A Stringy Mixed Cheese Sauce Baked With A Cheese Crust (G) (M)	Cheese  Beans  Tuna	<b>Cheese Turnover</b> Cheese & Onions In A Puff Pastry (G)(M)	<b>Vegan Southern Fried Chunks</b> Quorn Pieces In A Spicy Coating (G)
<b>Additional Choices</b>	<b>Vegan Quorn Nuggets</b> Vegetarian alternative In A Light Batter (G)	<b>Pesto Pasta</b> Penne Pasta Dressed In Vegan Pesto (G)	Bread Roll (G)		<b>Vegan Fingers</b> Vegetable Fingers In Breadcrumbs (G)
			<b>Diced Halal Chicken Breast</b>	<b>Halal Roasted Chicken</b>	
<b>Accompaniments</b>	Garlic & Herb New Potatoes Peas Sweetcorn	Garlic Bread Sweetcorn Peas	Salad Herby Dice Potato	Roast Potatoes Cabbage Carrot Gravy	Wedge Potato Peas Sweetcorn Tomato Ketchup
<b>Desserts</b>	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily



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<b>Vegetarian</b>	<b>Stir Fried Noodles</b> Thin Noodles With Onions, Peppers & Beansprouts In A Oriental Sauce (W)(Sy)	<b>Macaroni Cheese Bake</b> Macaroni In A Stringy Mixed Cheese Sauce Baked With A Cheese Crust (G) (M)	Cheese  Beans  Tuna	<b>Cheese Turnover</b> Cheese & Onions In A Puff Pastry (G)(M)	<b>Vegan Southern Fried Chunks</b> Quorn Pieces In A Spicy Coating (G)
<b>Additional Choices</b>	<b>Vegan Quorn Nuggets</b> Vegetarian alternative In A Light Batter (G)	<b>Pesto Pasta</b> Penne Pasta Dressed In Vegan Pesto (G)	Bread Roll (G)		<b>Vegan Fingers</b> Vegetable Fingers In Breadcrumbs (G)
			<b>Diced Halal Chicken Breast</b>	<b>Halal Roasted Chicken</b>	
<b>Accompaniments</b>	Garlic & Herb New Potatoes Peas Sweetcorn	Garlic Bread Sweetcorn Peas	Salad Herby Dice Potato	Roast Potatoes Cabbage Carrot Gravy	Wedge Potato Peas Sweetcorn Tomato Ketchup
<b>Desserts</b>	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily	Home-made Cakes Produced On Site Including Allergen Specific Yoghurts & Fresh Fruit Daily

# Allergens

## FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients  
in your meal, when making your order.

Thank you.

**G** Gluten

**Se** Sesame

**Mu** Mustard

**Eg** Egg

**Lu** Lupin

**Ms** Molluscs

**M** Milk

**N** Nuts

**Cr** Crustaceans

**Sy** Soya

**F** Fish

**Ce** Celery

**SO<sup>2</sup>** Sulphur Dioxide

# FOOD HYGIENE RATING

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1

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3

4

5

## VERY GOOD

Area inspected by food safety officer	Standards found
<b>Hygienic food handling</b>  Hygienic handling of food including preparation, cooking, re-heating, cooling and storage	<b>Very good</b>
<b>Cleanliness and condition of facilities and building</b>  Cleanliness and condition of facilities and building (including having appropriate layout, ventilation, hand washing facilities and pest control) to enable good food hygiene	<b>Very good</b>
<b>Management of food safety</b>  System or checks in place to ensure that food sold or served is safe to eat, evidence that staff know about food safety, and the food safety officer has confidence that standards will be maintained in future	<b>Very good</b>