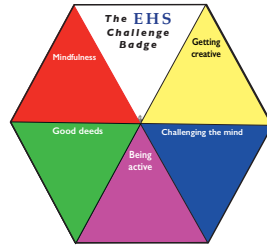



# The EHS Challenge Badge - Guidelines and FAQ

The EHS Challenge Badge is open to all students in Key Stage 3. It is an opportunity to make the most of your time at home during this period. To earn the badge, you need to complete one activity *for each* of the different challenge categories below.

The categories are:

- Challenging the mind
- Being active
- Getting creative
- Good deeds
- Mindfulness



There is no set way to complete the categories, but you can see that there are suggestions on how you could do so here: 

## Guidelines/FAQ

### When do I work on my badge?

You can work on the badge during the holidays and in the Summer Term. However, bear in mind this is not intended to be a 'homework' activity or extra 'work' for you to do. We want you to enjoy this and you can complete the activities in your own timeframe from now to the end of the Summer Term. At times next term, there will be breaks from homework when you will be able to work on your badge.

### Is it compulsory?

There is no expectation that every student will complete all of the tasks, but you will need to do so if you want to be awarded an EHS Challenge Badge during the Autumn Term.

### How do I show evidence that I've completed the tasks?

Create a folder in your OneDrive called 'Challenge Badge'. Here you can also upload photos, pictures and any written work you have done to complete your badge. If the piece of work is physical in nature, like baking, or yoga, you could take a photo of it (or get a family member to do so), email it yourself and add it to this folder. Make sure all uploaded photos are appropriate.

### Can I work with others?

Yes. You can carry out activities with other EHS girls online, or people you live with, but you must make sure the work is your own.

## Categories and Suggestions

There are many ways to complete the challenges. There are some suggestions below, but you are welcome to come up with different ways to complete them. Remember, to earn your badge, you need to complete at least one activity from each category.

**Please make sure you maintain social distancing rules at all times while completing these tasks. Your safety is our top priority!**

