

Senior School Menu week commencing	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
Meat	Chilli Con Carne Marinated beef Mince in a lightly spiced Mexican Sauce	Pasta Day Create your own Dish by Selecting A Sauce to Accompany Your Pasta	Cajun Chicken Dry Marinated Chicken Fillet Served With A Warm Tortilla	Roasted Turkey Carved Turkey Breast Traditionally Seasoned	Sothern Fried Chicken Chicken Fillet Coated In Herbs & Spices
Meat	Chicken Fajita Chicken Strips Lightly Spiced Served With Onions & Peppers	Choose From.... Beef Bolognaise	Cod Fish Cake Classic Fish Cake In A Golden Crumb	Beef Rogan Josh Diced Tender Beef In A Spicy Curry Sauce With Sliced Peppers & Onions	Breaded Plaice Fillet of plaice in a golden crumb
Vegan	Tomato & Pepper Gnocchi Potato Gnocchi In A Sun Dried tomato & Red Pepper Pesto	Rich Tomato	Veg Chilli Tacos Mixed Vegetables with onions and peppers Served with tacos	Falafel Falafel Served On A Bed Of Fragrant Pilau Rice	Lentil Bolognaise Mixed Lentils In A Herby Tomato Sauce
Vegetarian	Quorn Con Carne Quorn Mince Marinated beef Mince in a lightly spiced Mexican Sauce	Herby Pesto Or Creamy Carbonara	Cheesy Folded Omelette Folded Omelette Packed With 3 Cheeses	Rustic Cheese & Broccoli Flan Shortcrust Pastry Base With A Cheese & Broccoli Egg Filling	Quorn Nugget Wrap Mixed leaf salsa and Quorn nuggets
Halal	Chicken Fajitas	Pasta Day	Cajun Chicken	Roasted Chicken Breast	Chicken Fillet Strips Inner Fillet Breast Hand Coated In Panko Crumbs
Accompaniments	Rice Potatoes Vegetables	Butter New Potatoes Garlic Bread Mixed Vegetables	Half Roasted Potato Mixed Vegetables	Roasted Potatoes Mixed Vegetables	New Potatoes Peas Mixed Vegetables Mixed Salad
Dessert	A selection of hot and cold desserts will be available Dailey	A selection of hot and cold desserts will be available Dailey	A selection of hot and cold desserts will be available Dailey	A selection of hot and cold desserts will be available Dailey	A selection of hot and cold desserts will be available Dailey